



TOP 10 TOXINS OF 2021



Each year the ASPCA® Animal Poison Control Center (APCC) compiles its data and releases the top 10 categories of toxins that pets encounter each year. The APCC received calls about **320,350** items that pets were exposed to in 2021.

1 OVER-THE-COUNTER (OTC) MEDICATIONS

Most common were **ibuprofen**, **vitamin D** and **herbal supplements**.



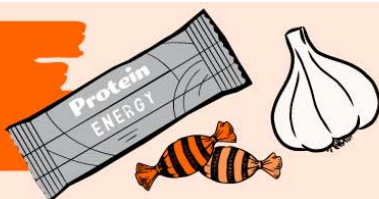
2 HUMAN PRESCRIPTION MEDICATIONS

Including **antidepressants**, **cardiac medications** and **ADHD meds**.



3 FOOD

Most common were **protein bars and shakes**, **xylitol**, **onions/garlic** and **grapes/raisins**.



4 CHOCOLATE

We received over 103 cases a day – that's **more than one case every 15 minutes!**



5 PLANTS

Made up **9.8% of calls** as gardening remained a popular hobby this year.



6 HOUSEHOLD TOXINS

Cleaning products and paint made up 8.3% of all calls.



7 VETERINARY PRODUCTS

Chewable products, such as joint and calming chews, are **tasty for pets**.



8 RODENTICIDES

Rodenticides can either cause **bleeding**, **seizures** or **kidney failure** depending on the type ingested.



9 INSECTICIDES

Safer alternatives for flea, tick, and indoor insect control continue to cause this number to decrease.



10 GARDEN PRODUCTS

Dogs love to eat organic fertilizers (bone meal, blood meal, feather meal).



If you have any reason to suspect your pet has ingested something toxic, please contact the **ASPCA Animal Poison Control Center's 24 hour hotline** at **(888) 426-4435** or your veterinarian.

ASPCA | (888) 426-4435
Animal Poison Control Center